

NOVEMBER 2024



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Plus more...

As a **not-for-profit** organisation, the team at **The Hub Plus** put **YOU** first. We care about people and want to help **YOU** and **YOUR team** to achieve the most with your wellbeing, aspirations, career goals, and empower personal growth.

The Hub Plus – Supporting our General Practice family on their Primary Care journey.

[Explore the Hub Plus website](#)



People Promise



Explore our range of **FREE** training courses with available spots this November and December!



Understanding Suicide and Personal Safety Plan Case Study

Date: 22/11/24
Time: 13:00 - 14:30
Location: Online

We invite you to participate in this vital session, led by two of our General Practice Suicide Awareness Champions, where we will explore suicide prevention and guide you through the development of a Personal Safety Plan in General Practice.

[Click here to find out more.](#)

Clinical Update Session: Autism and Neurodiversity

Date: 27/11/24
Time: 12:30-14:00
Location: Online

During this session we will discuss: Diagnostic features, referral pathways, support services (local and national), how to make a GP practice more autism and LD friendly.

[Click here to find out more.](#)

Don't miss the chance to enhance your skills with our expert-led sessions. For more details and exclusive offers, click here:

<https://www.thehubpl.us.co.uk/events-calendar>



Our short, online **People Promise training modules** will give you the personal and practical skills needed to foster stronger, more inclusive, and empowered teams.

To find out more about the sessions and enrol, **please click below:**

Recruitment: 20/11/24
Leading With Purpose: 28/11/24
Wellbeing Conversations: 04/12/24
Bullying and Harassment: 12/12/24

REACH network: Listening and Empowering Session

Date: 11/12/24
Time: 19:00-20:00
Location: Online

We will be joined by Dr Susie Bayley where we'll share and learn from experiences, create strategies for our members to advocate, seek support and provide support to each other and more.

[Click here to find out more.](#)



REACH

THE RACE, ETHNICITY AND CULTURAL HERITAGE NETWORK

Proudly supported by



Unlock Your Potential with The Hub Plus Training Portal!

Ready to enhance your skills and advance your career? Our **Training Portal** offers a wide range of courses designed to help you succeed. Whether you want to boost your knowledge in specific areas or develop new expertise, we've got you covered!

[Click here to sign up now!](#)



Oliver McGowan Mandatory Training

Additional webinars for Oliver McGowan Mandatory Training have been updated throughout November.

The Oliver McGowan Mandatory Training on Learning Disability and Autism is the government's preferred and recommended training for health and social care staff.

[Click here for more information.](#)

INDUCTION PROGRAMME

To learn more about the Induction Programme, please [click here](#).

Introducing the Hub Plus Induction Programme

Suitable for all new starters and existing staff in GP practices within Derby and Derbyshire. The course covers the following topics:

- How General Practice works and where it fits in a health and social care system
- Introduction to the training hub
- IT Systems
- Multi-Disciplinary Teams
- Resources for primary care clinicians
- Support available

Inclusive Leadership

Available to all staff, Inclusive Leadership fosters innovation and positive change by valuing diverse perspectives and promoting full engagement. Inclusive leaders courageously break down barriers, welcome varied views, and leverage diversity to drive organisational success. Key components include being Informed (e.g., allyship and inclusive recruiting), Championing inclusion (e.g., creating opportunities and welcoming all voices), and being Responsive by listening, acting on feedback, and recognising others' achievements.

Want to know more?

Sign up as an inclusive leader: [Inclusive Leadership Pledge Form](#)

Sign up as an inclusive sponsee/mentee: [Expression of Interest \(EOI\) for Potential Sponsee/Mentee](#)

Learn all about **Project Management** with our **Bitesize Learning sessions**.

Focusing on the practical skills, tools and techniques to help you successfully plan and deliver your projects. Delivered virtually, with 30minutes of teaching followed by 30minute Q&A.

[Click here for more information.](#)

Take control of your career with 1-1 Career Conversations!

If you have been thinking about your career and wondering what steps you can take next, we can help! Take control of your career with our 1-1 Career Conversations.

To get started, just fill out our **quick expression of interest form** below and a member of staff will be in touch to confirm a convenient date and time with you.

[.\(smartsheet.eu\)](https://smartsheet.eu)



CPD Funding Confirmed for 2024/25 - Important Information

We are pleased to announce that **CPD funding** has now been confirmed for 2024/25.

Funding is set at a maximum of £333 per applicant. As your local primary care training hub, we are delighted to support you and your team with an extensive training provision running throughout the year which is informed by local Derbyshire opinions in our annual Training Needs Analysis. To find out more, please email - ddlmc.thehubplus@nhs.net

Join us for our Healthy Start Lunch & Learn and Increase awareness involved in supporting families across Derby/Derbyshire around the **national Healthy Start scheme**.

Wednesday 11th December 2024, 12pm – 1pm via MS teams

How to book – Email

Andy.white@derby.gov.uk or

Alison.Davies@derbyshire.gov.uk

New to Practice Celebration of Achievement and Heritage

On **Wednesday 20th November** we will be hosting a special evening of celebration and connection, dedicated to our New to Practice GPs, Nurses, Trailblazers, and Fellows.

This event is a unique opportunity to honor your incredible achievements in practice and to reflect on the values that drive us forward.

We know that student placements are amazing, and many **Practices and Primary Care Networks (PCNs)** are eager to support them. However, we also recognise the challenges, especially when capacity within a Practice is a concern. That's where we can help! If you'd like to discuss your student placement needs and explore how we can support you, please get in touch with us at ddlmc.thehubplus@nhs.net. We're here to make the process smoother and more manageable for everyone involved.

EDI improvement plan for primary care

Help shape the new Equality, Diversity and Improvement (EDI) Plan for primary care

At the request of colleagues to host an evening session, NHS England have scheduled one final opportunity for colleagues from primary care, in clinical and non-clinical roles, to help shape the new EDI Improvement Plan for primary care. This session, being hosted outside core hours, will be your opportunity to discuss the programme underway, and contribute to this work, share reflections and help co-design and shape this new national resource. You can book a space on this evening session below:

- **27 November 2024, 7.00pm–8.30pm**

Please contact the EDI team with questions:

england.nationaleдитеam@nhs.net

*If you need this information in another format, please contact Beth Spink at bethany.spink@nhs.net

FREE Senior Career webinar series

Join us for an insightful series covering essential topics like retirement planning, financial management, pensions made simple, and much more!

This webinar series is designed to support GPs as they navigate the unique challenges and opportunities of the later stages of their careers.

If you'd like to find out more or to book your place on webinar sessions, [**please click here**](#).



Royal College of General Practitioners



working in collaboration with...



November 2024

Movember is an annual event every November where people grow moustaches to raise awareness and funds for men's health issues, especially prostate cancer, testicular cancer, mental health, and suicide prevention.

If you'd like to learn more, please click the link below and visit Movember website:

<https://uk.movember.com/>



World Diabetes Day

World Diabetes Day, observed annually on November 14, is a global campaign led by the International Diabetes Federation (IDF) and the World Health Organisation (WHO).

Established in 1991, this day raises awareness about diabetes, its impact on health, and the ways to prevent and manage it.

<https://worlddiabetesday.org/>

Global Education Week

Global Education Week is an annual event dedicated to promoting global education, raising awareness of educational challenges worldwide, and advocating for the importance of education in building a more sustainable, peaceful, and equitable world.

<https://www.coe.int/en/web/north-south-centre/home>



International Men's Day

On the 19th November, International Men's Day is a global event that celebrates the positive contributions of men to society, promotes gender equality, and raises awareness around issues affecting men's health and well-being.

the day aims to encourage discussions on both the roles of men and their responsibilities in modern society, while also highlighting important themes often under-addressed, such as mental health, toxic masculinity, and gender-based discrimination.

<https://internationalmensday.com/>

THE DERBYSHIRE GENERAL PRACTICE LONG SERVICE AWARD SCHEME

The Long Service Award recognises and celebrates the incredible commitment to those who have worked within the NHS for 25 years and onwards.

To celebrate our colleagues incredible loyalty and dedication to Derbyshire General Practice and the NHS, we will be hosting a special gathering on **Wednesday 4th December 2024**. This event will feature an award presentation and the chance to connect and share stories with fellow recipients, creating wonderful memories together. And of course, no celebration is complete without delicious tea, coffee, and cake.

Did you know the Hub Plus has a YouTube channel?

Here you'll find all the latest videos that cover a wide range of areas to support you on your Primary Care Journey.

Click the link to check it out -

<https://www.youtube.com/@TheHubPlusDerbyshire>




CONTACT US

We'd love to hear from you – our Primary Care family. What can we do to help YOU on your #primarycarejourney?

 ddlmc.thehubplus@nhs.net

 www.thehubplus.co.uk

 [07883 328933](tel:07883328933)

Find us on:     

We are here and we are listening.

